

# Announcing the new animated TMEC curriculum!



**Animated Oregon TMEC Trainers present this new video curriculum in 12 Modules!**

**How many cigarettes in a pod?**

1 pack of cigarettes = 20 cigarettes = 20 mg nicotine	1 Juul pod = 41 cigarettes = 41.3 mg nicotine	1 Suroin pod = 90 cigarettes = 90 mg nicotine
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Stanford Medicine, Tobacco Prevention Toolkit (2019), NIH (2015)

**TMEC - 12 modules**  
(a Health, Safety & Impaired Driving Education Program)

**Tobacco, Marijuana, and E-Cigarettes Course**

1 Introduction	2 Perception of Harm	3 Tobacco Industry & Media Literacy	4 Is Marijuana a Medicine?	5 CBD, THC, & Hash Oil	6 Vaping & E-Cigarettes
7 Health Consequences: Part 1	8 Health Consequences: Part 2	9 Drug Intoxication	10 Impaired Driving	11 Refusal Skills	12 Summary

**Question 1**  
Why is marijuana not approved as a prescription medicine?

- The FDA has determined there is no medical evidence to support its use
- Doctors cannot prescribe it
- Pharmacies cannot dispense it
- All of the above

Submit

**Most common drugs in impaired driving crashes**

- #1 Alcohol
- #2 Marijuana
- #3 Prescription drugs and opiates

**TMEC for Driver Education - 5 modules**  
(an Impaired Driving Education Program)

**What is TMEC?** CLEAR Alliance's Tobacco Marijuana & E-Cigarettes Course (TMEC) is a health, safety, and impaired driving education program developed by a coalition of Oregon public health and safety officials for youth and adults ages 13 and above.

**What's new in 2021?** TMEC has been updated and adapted into an all-new animated video curriculum presented by diverse Oregon TMEC Trainers:  
Angela Capps - High School Health Teacher & Basketball Coach  
Mandi Puckett - Certified Alcohol & Drug Prevention Specialist  
Sgt. Kent Vander Kamp - Drug Recognition Expert

**How is TMEC new for instructors?** TMEC Instructors are now able to play the animated video curriculum and facilitate discussion with students between each of the course's 12 modules. An abridged 5 module impaired driving education program is available for Driver Education classes. Instructors will be able to use these versatile curriculums, whether teaching in-person or online.

**How is TMEC new for students?** Youth and adult learners can now independently access the student-led versions of the course online through the CLEAR Alliance website.

For more details visit: [www.ClearAlliance.org](http://www.ClearAlliance.org)